



# **NSW AMBULANCE AEROMEDICAL COVID-19 PPE REFERENCE GUIDE**

***HIGH DEGREE OF CARE NEEDS TO BE TAKEN WITH EACH CYCLE OF  
DOFFING TO AVOID CONTAMINATION***

**ALWAYS USE BUDDY CHECKS BEFORE AND DURING  
DONNING AND DOFFING**

## **COVID-19 PPE DON**

1. Hand hygiene
2. Gown
3. P2 Mask
4. Eye protection
5. Hand hygiene
6. Gloves

## **COVID-19 PPE DOFF**

1. Gloves
2. Hand hygiene
3. Gown
4. Eye Protection
5. Hand hygiene
6. P2 Mask
7. Hand hygiene

## **Intubation PPE DON**

1. Prepare area for don & doff
2. Remove boots, tuck trousers into socks
3. Hand hygiene
4. Level 3 or 4 gown
5. Rubber boots or overshoes
6. P2 Mask
7. Eye protection
8. Double gloves (inner under cuff of gown/outer over cuff)
9. Face shield

## **Intubation PPE DOFF**

1. Over gloves
2. Face shield
  - Clean visor
3. Hand hygiene
4. Remove gown
  - one arm at a time then main
5. Sit – boots off if worn
6. Inner gloves
7. Hand hygiene
8. Eye protection
9. Hand hygiene
10. P2 Mask
11. Hand Hygiene

**Prepare separate areas for don & doff - hand hygiene, clinell wipes and bags  
for contaminated gear to return to base.**

**After doffing Intubation PPE the team will need to don COVID-19 PPE**